

Egg free pastry

By: Anton Mac Donald Tuesday, 13th June 2017

Ingredients

- 100 g Cake flour
- 100 g Butter
- 300 ml water
- 16 g Salt

Method

- Rub the Flour, Salt and Butter together until all the butter is mixed in.
- Add the water and mix in do not knead the dough.
- At this stage the more you knead the dough the more it will shrink.
- Place in plastic bag and allow to rest 1 hour in refrigerator.
- Roll thin and make up pies.
- Brush with egg and bake.
- Bake till light brown at 220° c for 30 35 minutes.
- In case you prefer to keep it egg free brush with solution of weak salt water.

Make 24 pies 10 x 7 cm