## South African Recipes

# Coconut ice 

By: Anton Mac Donald<br>Thursday, 21st December 2017

## Ingredients

- 100 g Coconut
- 175 g Icing sugar
- 40 g Fresh cream
- Red colouring


## Method

- Mix the coconut and Icing sugar well.
- Add the cream and mix well.
- Colour $1 / 2$ the mixing red.
- On a piece of thin plastic roll the red Coconut ice to a square 5 mm thick.
- On a separate plastic roll the white Coconut ice to the same measurements.
- Brush the red part with water and place the white part on top.
- Refrigerate for an hour and cut in 2 cm blocs.

