



## Stuffed butternut

---

By: Anton Mac Donald

Friday, 30th September 2016

## Ingredients

- 1 Butternut
- 1 Onion
- 2 Carrots
- 1 Potato
- Pinch of Salt
- BBQ spice to taste
- 1 Yellow bell pepper
- Grated cheddar cheese

## Method

- Cut butternut in halve and remove pips
- Chop the onion , carrots, potato and pepper
- Season to to taste
- Decorate with cauliflower
- Bake till light brown at 200°C
- Sprinkle with grated cheddar cheese
- Can also be done on a braai