



South African Recipes

"cooking with confidence"

vinaigrette

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Ingredients

- 80 g Canola oil
- 40 g Lemon juice
- 1 ml Crushed garlic
- 1 ml Grainy mustard
- 5 ml Ground Bayleafs
- 5 ml Ground Coriander seeds
- 5 ml Ground black Pepper
- 1 ml Crushed dry red chilly

Method

- mix all ingredients together with a shaker.

To be used as salad dressing and dressing over other foods.