



## Roasted cauliflower

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Friday, 11th November 2016

## Ingredients

- 1 medium size cauliflower
- Ground black pepper
- Salt

## Method

- Pre heat oven to 180°C.
- Crumble up a piece of baking paper and wet under running water.
- Wet the cauliflower and season with salt and black pepper to taste.
- Wrap the cauliflower completely with the paper.
- Bake till light brown at 180°C for 45 – 50 minutes.
- Or bake until soft and brown a little under grill if needed.
- Serve hot as a side dish of vegetable.

Portions depend on size of cauliflower